

## Cincinnati Country Day Girls Varsity Track and Field Records (*Bold Denotes State Champions*)

100 M.	Shelley Meniffee	12.3	2013
200 M.	Shelley Meniffee	25.4	2013
400 M.	Kamia Smith	58.33	2004
<b>800 M.</b>	<b>Patricia Thoman</b>	<b>2:20.3</b>	<b>1979 State Champion</b>
1600 M.	Paige Bennett	5:10.49	2013
3200 M.	Adrienne Beech	11:22.46	1998 (3 <sup>rd</sup> State)
100 H.	Brittany Woods	15.1	2002
300 H.	Shelley Meniffee	45.22	2012
4 X 100 Relay	Shelley Meniffee, Dorian Bell, (2 <sup>nd</sup> State) Sydney Meniffee, Erika Armstead	49.65	2012
4 X 200 Relay	Asia Nunez, Sydney Stoehr, Kamia Smith, Kiena Mitchell	1:45.27	2004
4 X 400 Relay	Sydney Stoehr, Claire Bechhold (2 <sup>nd</sup> State) Kelly Thomas, Kamia Smith	4:00.61	2005
4 X 800 Relay	Danielle Schneider, Kamia Smith Claire Bechhold, Brooke Ivey	9:24.25	2003
Pole Vault	Sydney Stoehr	8'6	2003
<b>Long Jump</b>	<b>Erika Armstead</b>	<b>18'6</b>	<b>2011 State Champion</b>
Triple Jump	Erika Armstead	30'3	2010
High Jump	Carol Tate	5'6	1989
Shot Put	Palmer Fitzhugh	33'7	2001
Discus	Shana Robertson	116'5	1980

Team MVC Championships: 1980, 81, 83, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 08, 09, 10, 11, 13

District Championships: 1985, 86, 87, 88, 89, 90, 91, 92, 94, 95, 98, 99, 2000, 01, 02, 03, 04, 05, 09, 10, 11, 13