

Year	Division	Distance	Time	School	Athlete
2013	I	5,000 Meters	18:13.90	St. Ursula	Annie Hefferman



Annie Hefferman

2011	I	5,000 Meters	18:04.50	Princeton	Claudia Saunders
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Claudia Saunders

2010	I	5,000 Meters	17:41.5	Glen Este	Michelle Thomas
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Michelle Thomas

2008	I	5,000 Meters	17:51.4	Oak Hills	Brooklyne Ridder
2005	I	5,000 Meters	18:19.0	Oak Hills	Brooklyne Ridder



Brooklyne Ridder

2006	I	5,000 Meters	17:36.0	Lakota West	Amanda Burger
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Amada Burger

2004	I	5,000 Meters	18:19.0	Mason	Angela Bizzarri
2002	I	5,000 Meters	17:47.0	Mason	Angela Bizzarri



Angela Bizarri

2003	II	5,000 Meters	18:36.0
2002	II	5,000 Meters	18:13.0

Taylor
Taylor

Emily Thompson
Emily Thompson



Emily Thompson

2003	I	5,000 Meters	18:22.0
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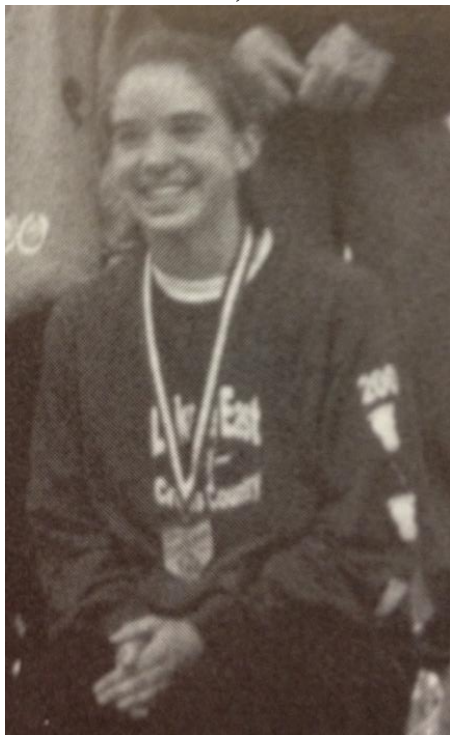
Loveland

Sarah Leeper



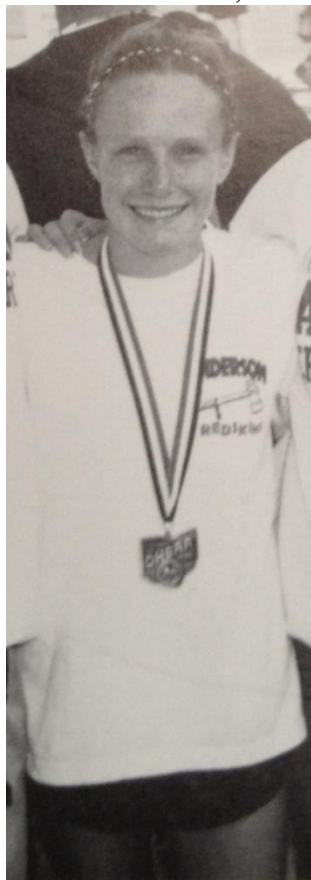
Sarah Leeper

2000 I 5,000 Meters 17:42.9 Lakota East Lindsay Zinn



Lindsay Zinn

1999 I 5,000 Meters 17:53.8 Anderson Chelsea Homan



Chelsea Homan

1984	AA	5,000 Meters	18:16.2	Roger Bacon	Michelle Sica
1983	AA	5,000 Meters	18:01.2	Our Lady of Angels	Michelle Sica



Michelle Sica

1981	A-AA	2.5 Miles	13:33	Reading	Connie Jo Robinson
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Kinney National Champion
Connie Jo Robinson