

State Track & Field Champions – Cincinnati Girls

Purpose

The purpose of this document is to provide to those interested a historical record of the individual and relay event winners from the Ohio High School Athletic Association state track and field championships. To provide such provides both substance and context of the participation of those individuals who have reached the pinnacle of the sport at the high school level within the state of Ohio high school athletics. It is to them, their parents and relatives, their respective coaches, and to the general public at large that this document is dedicated.

History

While the boys' OHSAA championships have been held since 1908, the girls' state tournament did not start until 1975. Girls' track and field had already existed for many years prior to 1975; however, Title IX and a growing number of official girls' high school programs garnered enough support for the start of the girls' state tournament. A number of events held in the early years of the championships, and some in later years, are no longer held under the current meet format. The list of those particular events and of Cincinnati-area winners has been preserved within the document. Now defunct events are shown in *italics*.

Resources

These lists and the information contained herein were compiled from both OHSAA state track and field programs and from newspaper accounts (*Cincinnati Enquirer*, *Cincinnati Post*). All of the information contained can be confirmed through historical research.

Conversion Equivalents

12 inches = 1 foot = 0.3048 meters (exact definition)

100 meters = 109 yards, 13 inches

110 meters = 120 yards, 10 ³/₄ inches

1600 meters = 0.99419 miles = 1749 yards, 28.12 inches

General Notes

- School names have been reproduced as they were recognized as they appeared official state programs during the year of performance.
- The championships converted from yards to meters in 1980 with the conversion of OSU's conversion to an internationally-formatted track facility.
- All times shown having 1/100 seconds denoted are automatic timing (FAT). Those performances, primarily those prior to 1981, denoted to 1/10 seconds are manual or semi-automatic timing (MT).
- Wind-legal performances are those having an average sustaining wind in favor of the athlete of 2.0 meters per second (mps) or less. Such readings are necessary to the following
 - Current Events - 100m, 200m, 100mH, Long Jump
 - Retired Events – 100 yd, 220 yd, 80yd LH (30"), 100mH (30")
- Statistics shown in **red** are believed to be the correct information, but further research is needed to verify such information. All information shown in black type is correct based on available information.
- Events/Results shown *ITALICS* are retired events.

Document Revisions

<u>Revision</u>	<u>Date</u>	<u>Purpose</u>
1	June 03, 2012	2012 Post-season Update

State Track & Field Champions – Cincinnati Girls

State Meet Venues

1975-1998 Ohio Stadium (OSU)
 1999-2003 Welcome Stadium (Dayton, OH)
 2004- Jesse Owens Stadium (OSU)

Class / Divisions

1975-1989 AAA – Large School; AA – Mid-sized School; A – Small School
 1990-present AAA, AA, A designations changed to Divisions I, II, III, respectively.

Meet Designation Changes

1982 – Sectional/District/State designations changed to District/Regional/State

State Meet Timeline

1975	May 30-31	1985	May 31-June 1	1995	June 2-3	2005	June 3-4
1976	May 28-29	1986	June 6-7	1996	May 31-June 1	2006	June 2-3
1977	May 27-28	1987	June 5-6	1997	June 6-7	2007	June 1-2
1978	May 26-27	1988	June 3-4	1998	June 5-6	2008	June 6-7
1979	May 25-26	1989	June 2-3	1999	June 4-5	2009	June 5-6
1980	June 6-7	1990	June 1-2	2000	June 2-3	2010	June 4-5
1981	June 5-6	1991	June 7-8	2001	June 1-2	2011	June 3-4
1982	June 4-5	1992	June 5-6	2002	June 7-8		
1983	June 3-4	1993	June 4-5	2003	June 6-7		
1984	June 1-2	1994	June 3-4	2004	June 4-5		

Key: Indicates change of venue.
 Indicates change of Classification designations.
- - - - - Indicates change in number of classes/divisions.
- - - - - Indicates change of meet designations.

State Track & Field Champions – Cincinnati Girls

Year	Division	Event	Mark	Wind	School	Name(s)
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4 x 800 Meters

(1982-present)

2011	I	4x800m	9:13.09		Mason	Brenna Hallumn (12), Olivia Gaus (10), Bridget McElhenny (11), Monica Lake (11)
2008	I	4x800m	9:21.44		St. Ursula Academy	Kelly Johnston (12), Jenna Heaton (12), Austin Perry (11), Rachel Clark (11)
2006	I	4x800m	9:09.15 *		Mason	Stephanie Staresinic (11), Kelsey Flaherty (12), Emily Staresinic (9), Angela Bizzarri (12)
2005	II	4x800m	9:26.39		Taylor	Emily Thompson (11), Ashli Joseph (10), Kelly Sullivan (9), Lange Gilby (11)
2000	I	4x800m	9:19.12		Colerain	Terie Littlepage (11), Kelly Crum (12), Jennifer Limle (12), Melissa Miller (10)
1986	AAA	4x800m	9:19.11 *		McAuley	Missy Ellers (12), Jodie Hoelker (12), Sharon Simon (12), Julie Tombragel (10)

100 Meters Hurdles (33")

(1987-present)

2010	I	100mH	14.49	-0.5	Princeton	Claudia Saunders (10)
2004	I	100mH	14.00	+1.7	Mason	LeAuna Sistrunk (12)
2003	I	100mH	14.34	+0.0	Mason	LeAuna Sistrunk (11)

100 Meters Hurdles (30") (1978-1986)

<i>1981</i>	<i>AA</i>	<i>100mH (30")</i>	<i>14.55 *</i>	<i>nwi</i>	<i>Mariemont</i>	<i>Missy Castetter (11)</i>
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80 Yards Hurdles (30") (1975-1977)

NONE

100 Meters

(1980-present)

2006	II	100m	12.06 w	+2.2	Archbishop McNicholas	Cat Humphries (9)
2005	III	100m	12.37 w	+2.8	Felicity-Franklin	Judy Bataille (11)
1990	I	100m	11.77 * ##	nwi	Mount Healthy	D'Andre Hill (11)
1989	AAA	100m	11.91 *	nwi	Mount Healthy	D'Andre Hill (10)
1989	AA	100m	12.14	nwi	CAPE ¹	Michelle McGruder (12)
1988	AA	100m	12.26 w	nwi	CAPE	Michelle McGruder (11)
1987	AA	100m	12.33	nwi	CAPE	Michelle McGruder (10)
1986	A	100m	12.37	nwi	CAPE	Michelle McGruder (9)

100 Yards (1975-1979)

<i>1977</i>	<i>AAA</i>	<i>100 yd</i>	<i>11.0</i>	<i>nwi</i>	<i>Princeton</i>	<i>Sharon Walker (12)</i>
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Key: ## - State Record, # - equals State Record, * - Cincinnati Record
w - wind-aided mark, nwi - no wind information available

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Jun-12

State Track & Field Champions – Cincinnati Girls

Year	Division	Event	Mark	Wind	School	Name(s)
4 x 200 Meters						
(1980-present)						
2012	III	4x200m	1:45.08		North College Hill	Jazmin Smith (9), Deanna Hunter (9), Valencia Stallings (12), Monique Kannler (11)
2011	I	4x200m	1:38.91		Withrow	Jasmyne Robinson (11), Jessica Miles (11), Diera Taylor (12), Jade Loveless (11)
2008	I	4x200m	1:38.60		Walnut Hills	Shauniece Steele (10), Landi Wilson (12), Kelly Thomas (12), Ashley Liverpool (12)
2000	II	4x200m	1:44.25		Wyoming	Lola Omoyosi (12), Elizabeth Shelleby (10), Julie Knapke (12), Robin Fulton (12)
1996	III	4x200m	1:46.37		Wyoming	Jennifer Mimms (9), Angel Fulton (10), Katie Ebersold (9), Jill Westerfeld (11)
1989	AAA	4x200m	1:42.13		Princeton	Tayna Upthegrove (10), Allyson Rogers (11), Renee Allen (12), Candice Campbell (11)
1988	AAA	4x200m	1:42.31		Sycamore	Nicole Berry (11), Tyra Noble (9), Dawn Lowish (12), Chanda Titus (11)
1983	AAA	4x200m	1:42.11		Forest Park ²	Linda Gibson (12), Nisey Gordon (11), Bridgett Goodwin (12), Carol Cook (12)

4x 220 Yards (1975-1979)

NONE

1600 Meters						
(1980-present)						
2006	I	1600m	4:51.19 *		Mason	Angela Bizzarri (12)
2001	I	1600m	4:53.89		Lakota East	Lindsay Zinn (12)
1992	I	1600m	5:00.94		Ursuline Academy	Caroline (Carrie) Groth (12)
1986	AAA	1600m	4:53.55 ##		Turpin	Kimberly Betz (12)
1986	A	1600m	5:05.93		Williamsburg	Donna Russell (12)
1985	A	1600m	5:06.65		Williamsburg	Donna Russell (11)
1982	AA	1600m	4:53.39 ##		Reading	Connie Jo (CJ) Robinson (12)
1981	AA	1600m	5:00.74 ¹ ##		Reading	Connie Jo (CJ) Robinson (11)
1980	AA	1600m	5:14.5		Reading	Connie Jo (CJ) Robinson (10)

1 - Listed as State meet record. However, Darcy Tomlinson (Sherwood Fairview) ran the mile in 4:59.6 on 27 May 1978, which was superior to Robinson's '81 mark.

1 Mile (1975-1979)

NONE

4 x 100 Meters						
(1980-present)						
2012	II	4x100m	48.81		Shroder	Toni Harkness (11), Domyonique Shelby (12), Shacoray Lackey (9), Dionna Williams (9)
2011	I	4x100m	46.90		Withrow	Jasmyne Robinson (11), Diera Taylor (12), Nyjah Watson (11), Jade Loveless (11)
2009	I	4x100m	46.53 ##		Withrow	Genesis Calhoun (11), Jonnique Lawrence (12), Brittany Smith (12), Jade Clingman (12)
2007	I	4x100m	47.37		Withrow	Genesis Calhoun (9), Brittany Smith (10), Porscha Johnson (12), Jade Clingman (10)
1988	AA	4x100m	50.00		CAPE	Richelle Richardson (12), Orri Gains (9), Feliz Hill (9), Michelle McGruder (11)
1986	A	4x100m	49.14		CAPE	Katrina Pate (12), Tyra Gordon (11), Jacqueline Jordan (11), Michelle McGruder (9)
1985	A	4x100m	49.81		CAPE	Katrina Pate (11), Tauna Payne (11), Jacqueline Jordan (10), Tyra Gordon (10)

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State Track & Field Champions – Cincinnati Girls

<u>Year</u>	<u>Division</u>	<u>Event</u>	<u>Mark</u>	<u>Wind</u>	<u>School</u>	<u>Name(s)</u>
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4x 110 Yards (1975-1979)

NONE

State Track & Field Champions – Cincinnati Girls

Year	Division	Event	Mark	Wind	School	Name(s)
400 Meters						
(1980-present)						

1997	III	400m	58.28		Seven Hills	Linise Gordon (12)
1980	AAA	400m	55.9 ##		Anderson	Lisa Graham (11)

440 Yards (1975-1979)

NONE

300 Meters Hurdles (30")						
(1984-present)						

2004	I	300mH	42.55		Mason	LeAuna Sistrunk (12)
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800 Meters						
(1980-present)						

1986	AAA	800m	2:13.05		Turpin	Kimberly Betz (12)
1985	A	800m	2:17.78		Williamsburg	Donna Russell (11)

880 Yards (1975-1979)

1979	A	880 yd	2:20.4		Cincinnati Country Day	Patricia Thoman (12)
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200 Meters						
(1980-present)						

2007	II	200m	24.95	-0.9	Archbishop McNicholas	Catherine (Cat) Humphries (10)
1993	II	200m	25.50	nwi	Purcell-Marian	Denita (Dee Dee) Mitchell (12)
1990	I	200m	24.25 *	nwi	Mount Healthy	D'Andre Hill (11)
1986	A	200m	25.46	nwi	CAPE	Michelle McGruder (9)

220 Yards (1975-1979)

1977	AAA	100 yd	24.7	nwi	Princeton	Sharon Walker (12)
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State Track & Field Champions – Cincinnati Girls

Year	Division	Event	Mark	Wind	School	Name(s)
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3200 Meters

(1984-present)

2012	II	3200m	10:43.22 ##		Wyoming	Emily Stites (12)
2011	I	3200m	10:48.32		Glen Este	Michelle Thomas (12)
2010	I	3200m	10:46.59		Glen Este	Michelle Thomas (11)
2009	III	3200m	11:06.51		Madeira	Lauren Dehan (12)
2006	I	3200m	10:44.06		Mason	Angela Bizzarri (12)
2005	I	3200m	10:51.19		Mason	Angela Bizzarri (11)
2004	I	3200m	10:46.68		Mason	Angela Bizzarri (10)
2003	I	3200m	10:45.59		Mason	Angela Bizzarri (9)
1998	I	3200m	10:49.07		Colerain	Allison Zeinner (10)
1996	III	3200m	11:20.8		Madeira	Amanda Blackwelder (10)
1986	AAA	3200m	10:44.53		Talawanda	Karen Rayle (12)
1985	AA	3200m	10:47.99 ##		Roger Bacon	Michelle Sica (12)
1984	AA	3200m	11:10.65		Our Lady of Angels ³	Michelle Sica (11)

4 x 400 Meters

(1980-present)

2008	I	4x400m	3:45.89 ##		Walnut Hills	Landi Wilson (12), Shauniece Steel (10), Ashley Liverpool (10), Nicole Patterson (11)
2000	II	4x400m	3:57.28		Wyoming	Lola Omoyosi (12), Robin Fulton (12), Elizabeth Shelleby (10), Julie Knapke (12)
1995	II	4x400m	4:01.10		Wyoming	Audra Payne (10), Holly Schmitt (11), Anna Brunck (12), Jill Westerfeld (10)

High Jump

(1975-present)

1989	AAA	High Jump	5' 7"		Princeton	Shannon Danforth (12)
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Pole Vault

(2002-present)

2010	I	Pole Vault	12' 0"		Mason	Olivia Bergesen (11)
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Long Jump

(1975-present)

2011	III	Long Jump	18' 6"	-1.1	Cincinnati Country Day	Erika Armstead (11)
1994	I	Long Jump	18' 7 ¾"	nwi	Mount Healthy	Nekaya Ralls (12)
1990	I	Long Jump	18' 9 ¼"	nwi	Princeton	Candice Campbell (12)

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State Track & Field Champions – Cincinnati Girls

Year	Division	Event	Mark	Wind	School	Name(s)
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Shot Put

(4 kg / 8 lbs, 13 oz. – 1980-present)

2011	I	Shot Put	46' 8 ¾" *		Withrow	D'Monami Gardner (11)
2009	I	Shot Put	45' 5"		Harrison	Brittany Wilson-Farley (12)
1991	I	Shot Put	43' 1 ½"		Milford	Tammy McCallum (11)
1983	AA	Shot Put	42' 9 #		Loveland	Dawn DeHart (12)
1980	AAA	Shot Put	44' 4 ½" * ##		Lakota	Theresa Hawkins (12)

8 lbs - 1975-1979

1979	AAA	<i>Shot Put</i>	<i>46' 0 ¾" * ##</i>		<i>Lakota</i>	<i>Theresa Hawkins (11)</i>
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Discus Throw

(1 kg / 2 lbs, 3 oz. - 1975-present)

2004	I	Discus Throw	153' 4"		Mother of Mercy	Shanna Dickenson (12)
2003	I	Discus Throw	154' 4"		Mother of Mercy	Shanna Dickenson (11)
1983	AA	Discus Throw	145' 2" ##		Loveland	Dawn DeHart (12)
1982	AA	Discus Throw	135' 0"		Loveland	Dawn DeHart (11)

RETIRED EVENTS

880 Yards Medley

(220, 110, 110, 440 Yards)

(1975-1979)

NONE

State Track & Field Champions – Cincinnati Girls

Most State Championships – By School

<u>School</u>	<u># Championships</u>	<u>Individuals/Relays (Year)</u>
Mason	11	4x800m (2006, 2011), 100mH (2003-04), 1600m (2006), 300mH (2004), 3200m (2003-06), Pole Vault (2010)
Cin. Acad. of Phys. Ed.	8	100m (1986-89), 4x100m (1985-86, 88), 200m (1986)
Princeton	6	100mH (2010), 100yd (1977), 4x200m (1989), 220yd (1977), High Jump (1989), Long Jump (1989)
Withrow	5	4x200m (2011), 4x100m (2007, 09, 11), Shot Put (2011)
Mount Healthy	4	100m (1989-90), 200m (1990), Long Jump (1994)
Wyoming	4	4x200m (1996, 2000), 4x400m (1995, 2000)
Reading	3	1600m (1980-82)
Williamsburg	3	1600m (1985-86), 800m (1985)
Loveland	3	Shot Put (1983), Discus Throw (1982-83)
Lakota	2	Shot Put (8 lbs - 1979, 4 kg - 1980)
Turpin	2	1600m (1986), 800m (1986)
Madeira	2	3200m (1996, 2009)
Colerain	2	4x800m (2000), 3200m (1998)
Mother of Mercy	2	Discus Throw (2003-04)
Archbishop McNicholas	2	100m (2006), 200m (2007)
Walnut Hills	2	4x200m (2008), 4x400m (2008)
Cincinnati Country Day	2	880yd (1979), Long Jump (2011)
Glen Este	2	3200m (2010-11)
Anderson	1	400m (1980)
Mariemont	1	100mH (30" - 1981)
Forest Park	1	4x200m (1983)
Our Lady of Angels	1	3200m (1984)
Roger Bacon	1	3200m (1985)
Archbishop McNicholas	1	4x800m (1986)
Talawanda	1	3200m (1986)
Sycamore	1	4x200m (1988)
Milford	1	Shot Put (1991)
Ursuline Academy	1	1600m (1992)
Purcell-Marian	1	200m (1993)
Seven Hills	1	400m (1997)
Lakota East	1	1600m (2001)
Taylor	1	4x800m (2005)
Felicity-Franklin	1	100m (2005)
St. Ursula Academy	1	4x800m (2008)
Harrison	1	Shot Put (2009)

State Track & Field Champions – Cincinnati Girls

Most State Championships – By Individual

(Minimum 2 wins)

<u># Championships</u>	<u>Name</u>	<u>School</u>	<u>Events</u>
7	Michelle McGruder	Cincinnati Acad. of Phys. Ed.	100m (1986-89), 4x100m (1986, 88), 200m (1986)
6	Angela Bizzarri	Mason	4x800m (2006), 1600m (2006), 3200m (2006)
3	Connie Jo Robinson	Reading	1600m (1980-82)
3	Dawn DeHart	Loveland	Shot Put (1983), Discus Throw (1982-83)
3	Donna Russell	Williamsburg	1600m (1985-86), 800m (1985)
3	D'Andre Hill	Mount Healthy	100m (1989-90), 200m (1990)
3	LeAuna Sistrunk	Mason	100mH (2003-04), 300mH (2004)
2	Sharon Walker	Princeton	100yd (1977), 220yd (1977)
2	Michelle Sica	OLA (1984) / Roger Bacon (1985)	3200m (1984-85)
2	Katrina Pate	Cincinnati Acad. of Phys. Ed.	4x100m (1985-86)
2	Tyra Gordon	Cincinnati Acad. of Phys. Ed.	4x100m (1985-86)
2	Jacqueline Jordan	Cincinnati Acad. of Phys. Ed.	4x100m (1985-86)
2	Kimberly Betz	Turpin	1600m (1986), 800m (1986)
2	Jill Westerfeld	Wyoming	4x400m (1995), 4x200m (1996)
2	Lola Omoyosi	Wyoming	4x200m (2000), 4x400m (2000)
2	Elizabeth Shelleby	Wyoming	4x200m (2000), 4x400m (2000)
2	Robin Fulton	Wyoming	4x200m (2000), 4x400m (2000)
2	Julie Knapke	Wyoming	4x200m (2000), 4x400m (2000)
2	Catherine Humphries	Archbishop McNicholas	100m (2006), 200m (2007)
2	Landi Wilson	Walnut Hills	4x200m (2008), 4x400m (2008)
2	Genesis Calhoun	Withrow	4x100m (2007, 09)
2	Jade Clingman	Withrow	4x100m (2007, 09)
2	Brittany Smith	Withrow	4x100m (2007, 09)
2	Michelle Thomas	Glen Este	3200m (2010-11)
2	Jade Loveless	Withrow	4x200m (2011), 4x100m (2011)
2	Diera Taylor	Withrow	4x200m (2011), 4x100m (2011)

State Track & Field Champions – Cincinnati Girls

Schools Now Defunct, Changed Names, or Consolidated into Existing or New Schools

<u>Note</u>	<u>School</u>	<u>First Class</u>	<u>Last Class</u>	<u>Fate</u>
1	CAPE	1982	1994	Closed after 1994 class.
2	Forest Park	1972	1991	Closed; students integrated with Greenhills HS into new Winton Woods HS.
3	Our Lady of Angels	1929	1984	Closed; students integrated into Roger Bacon HS.