Our Times 2013 Girls State Results Issue

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4 X 800	Meter Relay					
1.	9:11.06	Mason		DI 1 st		
2.	9:20.10	McAuley		DI 3 rd		
3.	9:23.99	Ursuline		DI 6 th		
4.	9:26.95	St. Ursula		DI 8 th		
5.	10:03.20	Summit		DII 15 th		
100 Me	ter Hurdles					
1.	15.33	Kayla Livingston		Wyoming		DII 10 th (p)
2.	15.39	Jordan Horning		Mason		DI 9 th
3.	15.69	Jazmin Smith		North College F	Iill	DIII 5th
4.	15.80	Arica Stutz		Felicity-Franklin	1	DIII 11 th (p)
5.	15.97	Anna Bailes		Sycamore		DI 16 th (p)
6.	16:32	Lizzi Lakamp		Taylor		DII 16 th (p)
100 Me	eter Dash					
1.	12.26 (11.75p)	Autumn Heath	Lakota I	East		DI 3 rd
2.	12.24	Lashawnda Dobbs	Mt. Hea	ılthy		DI 12 th (p)
3.	12.37	Dianna Williams	Shroder	•		DII 4 th
4.	12.41	Shyla Cummings	Finneyt	own		DII 12th (p)
5.	12.68	Shelley Menifee	CCD			DIII 11 th
4 X 200	Meter Relay					
1.	1:40.36	Withrow		DI 2 nd		
2.	1:42.92	Shroder		DII 4 th		
3.	1:43.02	Mason		DI 7 th		
4.	1:46.61	North College Hi	II	DIII 6 th		
1600 M	eter Run					
1.	5:20.32	Paige Bennett	Cin.	Country Day	DIII 10 th	
2.	Did not start	Annie Hefferman	St. U	rsula	DI DNS	
4 X 100	Meters Relay			c+		
1.	47.49	Withrow		DI 1 st		
2.	47.95	Walnut Hills		DI 4 th		
3.	48.70	Shroder		DII 1 st		
4.	51.21	Cin. Country Day		DIII 9 th		
5.	51.97	North College Hi	11	DIII 12 th (p)		
<u>400 Me</u>	ter Dash				+h	
1.	57.52	Olivia Behymer		chmond	DII 5 th	
2.	57.88	Taylor Darks	Walnut	Hills	DI 11 th ((p)
<u>300 Hui</u>						pal
1.	43.85	Xasha Cohen	Withrov	N		DI 3 rd
2.	45.41	Jordan Horning	Mason			DI 8 th
3.	47.50	Kayla Livingston	Wyomii	ng		DII 10 th
4.	47.64	Lizzy Lakamp	Taylor			DII 11 th
5.	48.56	Maddie Scott	McNich	olas		DII 14 th
6.	DQ	Shelley Menifee	CCD			DIII DQ (p)

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800 Rui	<u>1</u>					
1.	2:14.96	Mckenzie Pfeifer	McAuley		DI 9 th	
2.	2:16.35	Olivia Gaus	Mason		DI 11 th	
200 Da	ch					
1.	 "	Autumn Heath	Lakota East		DI 5 th	
2.	25.48	Samia Bell	Princeton		DI 8 th	
3.	25.80	Shaquelia Gutter	Mt. Healthy		DI 9 th	
4.	25.96	Shyla Cummings	Finneytown		DII 8 th	
		, ,	•			
3200 M	eter Run					
1.	10:14.91	Annie Hefferman	St. Ursula		l Record	
2.	10:21.03	Lauren Wood	Mason	DI 2 nd		
3.	10:41.25	Samantha Siler	Sycamore	DI 3 rd		
4.	11:35.11	Ellie Adams	Summit	DII 11 th		
5.	11:58.62	Sophie Adams	Summit	DII 15 th		
4 X 400	Relay					
	3:52.52	Sycamore		DI 3 rd		
2.	3:58.73	Walnut Hills		DI 11 th (n)	
3.	4:01.71	Withrow		DI 14 th (
5.	4.01.71	WILIIIOW		DI 14 (p)	
High Ju	m <u>p</u>					
1.	5'7"	Loretta Blaut	Seton		DI 1 st	
2.	5'4"	Christine Canning	Indian Hill		DII 2 nd	
3.	5'0"	Hannah Hall	New Richmond		DII 8 th	
4.	No Height	Danielle Springer	St. Ursula		DI Did Non Jump	
Pole Va	ult					
1.	11′0″	Jennifer Nelson	Mason		DI 10 th	
2.	9'6"	Tierra Martinelli	Goshen		DII 12 th	
Long Ju					th	
1.	17′1¼″	Avanna Moseley	Withrow		DI 8 th	
2.	16′0¾″	Kellsa Mbah	Lakota East		DI 13 th	
3.	Foul	Halley Bell	Sycamore		DI FOUL17'1¼"	Avanna
4	Moseley	Withrow	DI 8 th			
4.						
Shot Put						
1.	40'4¼"	Lauren Stacy	Western Brown		DI 8th	
2.	38'8"	Chelsea Carpenter	Walnut Hills		DI 11th	

<u>Discus Throw</u> No qualifiers

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Time Pieces

This final issue of the 2013 season contains the state qualifiers finishes at the state meet:

Notable Performance:

- 1. Annie Hefferman set three new records at state: the Owens stadium record, the DI state meet record and the overall DI record with her time of 10:14.91 in the 3200m.
- 2. Mason's Lauren Wood also bettered the stadium and state meet record in the 3200 with her second place finish behind Hefferman
- 3. Seton's Loretta Blaut high jumped 5'7" in winning a state championship in the high jump.
- 4. Mason's 4 X 800 relay team of Delaney McDowell, Lauren Wood, Erin Brush, and Olivia Gaus won the state title with their time of 9:11.06.
- 5. Withrow's 4 X 100 relay team of Ayanna Moseley, Jaliyah Moses, Arbria Williams, and Adriana Williams ran 47.49 in winning the state title.
- 6. Shroder's Toni Harkness, Shacoray Lackeyk, Alyssa Brown, and Dionna Williams ran 48.70 in winning the DII 4 X 100 relay.

Bob Roncker has asked us to mention this about the Don Wahle Summer Track series on Monday nights at Withrow:

Are you ready for the Running Spot's annual Summer track and field series?

What: The 2013 Don Wahle Summer Track and Field Games are about to begin again When: The free summer series starts Monday June 3 and continues for six weeks

The first event begins at 6:30 p.m.

Who: All abilities and ages are welcome.

Where: Withrow High School Stadium (Hyde Park); exit #5 off of I-71; use rear drive off of Dana Avenue

Field Events: The shot put, discus throw, long and high jump events are offered each week.

Track Events: The following track events (in order of participation) will take place on these dates.

June 3	100 Dash	Mile Run and Walk
100 Hurdles	800 Run and Walk	200 Dash
100 Dash	<u>June 10</u>	800 Run
Mile Run and Walk	400 Dash	4 X 400 Relay
200 Dash	4 X 100 Relay	
800 Run	Two Mile Run	<u>June 24</u>
4 X 400 Relay		100 Hurdles

X 400 Relay 100 Hurdles

<u>June 17</u> 100 Dash

 June 10
 300 Hurdles
 800 Run and Walk

 100 Hurdles
 100 Dash
 400 Dash

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Time Pieces

July 1July 8100 Hurdles100 Hurdles200 Dash100 DashMile Run and WalkMile Run and Walk300 Hurdles200 Dash4 X 400 Relay2 Person 4 Mile Relay (Alternating 400s)

The 2013 Don Wahle Summer Track and Field Games

We plan on once again having a fun and enjoyable series A number of new offerings are scheduled for 2013. We hope to see you starting next month.

Treats for kids

Post Photos on the Running Spot Facebook page.

Potluck picnic to follow the final evening on July 8

And More!!!

As always corrections, additions, comments should be sent to tfccstats@gmail.com.