

Our Times 2013 Girls State Qualifiers Issue

Vol. 14 No. 9

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June 3, 2013

4 X 800 Meter Relay

1.	9:28.84	Mason	DI Dayton
2.	9:32.31	McAuley	DI Dayton
3.	9:32.83	St. Ursula	DI Dayton
4.	9:34.69	Ursuline	DI Dayton
5.	9:56.04	Summit	DII Dayton

100 Meter Hurdles

1.	15.21	Jazmin Smith	North College Hill	DIII Piqua
2.	15.37	Jordan Horning	Mason	DI Dayton
3.	15.71	Erica Stutz	Felicity-Franklin	DIII Piqua
4.	15.87	Kayla Livingston	Wyoming	DII Dayton
5.	16.13	Anna Bailes	Sycamore	DI Dayton
6.	16.46	Lizzi Lakamp	Taylor	DII Dayton

100 Meter Dash

1.	12.48	Autumn Heath	Lakota East	DI Dayton
2.	12.67	Shelley Menifee	CCD	DIII Piqua
3.	12.71	Lashawnda Dobbs	Mt. Healthy	DI Dayton
4.	13.16	Shyla Cummings	Finneytown	DII Dayton
5.	13.10	Dianna Williams	Shroder	DII Dayton

4 X 200 Meter Relay

1.	1:41.68	Withrow	DI Dayton
2.	1:43.74	Mason	DI Dayton
3.	1:44.74	North College Hill	DIII Piqua
4.	1:45.33	Shroder	DII Dayton

1600 Meter Run

1.	4:54.82	Annie Hefferman	St. Ursula	DI Dayton
2.	5:13.65	Paige Bennett	Cin. Country Day	DIII Piqua

4 X 100 Meters Relay

1.	49.01	Withrow	DI Dayton
2.	49.10	Walnut Hills	DI Dayton
3.	49.54	Shroder	DII Dayton
4.	50.51	Cin. Country Day	DIII Piqua
5.	51.23	North College Hill	DIII Piqua

400 Meter Dash

1.	56.78	Olivia Behymer	New Richmond	DII Dayton
2.	57.16	Taylor Darks	Walnut Hills	DI Dayton

300 Hurdles

1.	44.36	Xasha Cohen	Withrow	DI Dayton
2.	45.76	Shelley Menifee	CCD	DIII Piqua
3.	45.90	Jordan Horning	Mason	DI Dayton
4.	47.26	Kayla Livingston	Wyoming	DII Dayton
5.	48.10	Maddie Scott	McNicholas	DII Dayton
6.	49.13	Lizzy Lakamp	Taylor	DII Dayton

800 Run

1.	2:16.19	Mckenzie Pfeifer	McAuley	DI Dayton
2.	2:16.56	Olivia Gaus	Mason	DI Dayton

200 Dash

1.	25.88	Autumn Heath	Lakota East	DI Dayton
2.	26.02	Samia Bell	Princeton	DI Dayton
3.	26.32	Shaquelia Gutter	Mt. Healthy	DI Dayton
4.	26.24	Shyla Cummings	Finneytown	DII Dayton

3200 Meter Run

1.	10:17.74	Annie Hefferman	St. Ursula	DI Dayton
2.	10:24.51	Lauren Wood	Mason	DI Dayton
3.	10:46.23	Samantha Siler	Sycamore	DI Dayton
4.	11:45.72	Ellie Adams	Summit	DII Dayton
5.	11:45.89	Sophie Adams	Summit	DII Dayton

4 X 400 Relay

1.	3:53.66	Sycamore	DI Dayton
2.	3:56.91	Walnut Hills	DI Dayton
3.	3:59.02	Withrow	DI Dayton

High Jump

1.	5'8"	Loretta Blaut	Seton	DI Dayton
2.	5'4"	Hannah Hall	New Richmond	DII Dayton
3.	5'4"	Christine Canning	Indian Hill	DII Dayton
4.	5'2"	Danielle Springer	St. Ursula	DI Dayton

Pole Vault

1.	11'0"	Jennifer Nelson	Mason	DI Dayton
2.	10'6"	Tierra Martinelli	Goshen	DII Dayton

Long Jump

1.	18'7"	Kellsa Mbah	Lakota East	DI Dayton
2.	18'1"	Avanna Moseley	Withrow	DI Dayton
3.	17'5¼"	Halley Bell	Sycamore	DI Dayton

Shot Put

1.	40'6¼"	Lauren Stacy	Western Brown	DI Dayton
2.	39'2"	Chelsea Carpenter	Walnut Hills	DI Dayton

Discus Throw

No qualifiers

Time Pieces

This eighth issue of the 2013 season contains the state qualifiers from the two regional sites: DI and DII at Dayton, DIII at Piqua.

Notable Performance:

This week's notable performances will be the new regional records set at one of the three regional meets. There are two new ones, both came in the DI regional at Dayton.

1. Annie Hefferman set a new regional record at DI Dayton in the 3200 meters and lowered her city record in the process to 10:17.74. Old record was 10:40.17 set by Mason's Angela Bizzarri in 2006.

2. Seton's Loretta Blaut high jumped 5'8" setting a new record at the DI Dayton regional breaking the record of 5'7¼" held by Desiree Jones of Wilmington way back in 1998.

We would be remiss if we didn't salute the Mason girls on their DI Regional championship. They were the only girls teams from our district meets to win one of the three regional championships at stake last weekend in Dayton and Piqua.

Bob Roncker has asked us to mention this about the Don Wahle Summer Track series on Monday nights at Withrow:

Are you ready for the Running Spot's annual Summer track and field series?

What: The 2013 Don Wahle Summer Track and Field Games are about to begin again

When: The free summer series starts Monday June 3 and continues for six weeks

The first event begins at 6:30 p.m.

Who: All abilities and ages are welcome.

Where: Withrow High School Stadium (Hyde Park); exit #5 off of I-71; use rear drive off of Dana Avenue

Field Events: The shot put, discus throw, long and high jump events are offered each week.

Track Events: The following track events (in order of participation) will take place on these dates.

June 3	June 17	July 1
100 Hurdles	300 Hurdles	100 Hurdles
100 Dash	100 Dash	200 Dash
Mile Run and Walk	Mile Run and Walk	Mile Run and Walk
200 Dash	200 Dash	300 Hurdles
800 Run	800 Run	4 X 400 Relay
4 X 400 Relay	4 X 400 Relay	
		July 8
June 10	June 24	100 Hurdles
100 Hurdles	100 Hurdles	100 Dash
100 Dash	100 Dash	Mile Run and Walk
800 Run and Walk	800 Run and Walk	200 Dash
400 Dash	400 Dash	2 Person 4 Mile Relay
4 X 100 Relay	4 X 100 Relay	(Alternating 400s)
Two Mile Run	Two Mile Run	

Time Pieces

The 2013 Don Wahle Summer Track and Field Games

We plan on once again having a fun and enjoyable series
A number of new offerings are scheduled for 2013.
We hope to see you starting next month.

Treats for kids
Post Photos on the Running Spot Facebook page.
Potluck picnic to follow the final evening on July 8
And More!!!

As always corrections, additions, comments should be sent to tfcstats@gmail.com.